

Red Rocking Recreation

Recreation & Aquatic Activity Information Guide

Directory

City Manager - Eric Levit
Community Services Director - Marie Brown

Park & Recreation staff contacts:
Administrative Assistant - Jan Ryer

- Park & field reservations
- Ramada rentals
- Custodial
- Park Maintenance
- General program information

Recreation coordinator -
Erin Fitzgerald Estes

Recreation assistant -
Elizabeth McLean

- Aquatic programs/ maintenance
- Recreation programs

Park operation & maintenance
Parks Supervisor - Warren Parker

- Posse Ground Park
- Jordan Historical Park
- Sunset Park
- Jamison Park
- Grayback Park
- Botanical Gardens

Phone: 928-282-7098

Pool (in season): 928-282-0112



Spring

Lifeguard and water safety instructor classes
Summer job announcements
Adult softball registration & games begin
Youth Karate and Gymnastics
Pre-season adult lap swim
Softball official training



SUMMER

Aquatics - outdoor pool opens May 24, 2001
Special events at the pool all summer
Recitals at Sunset
Youth Karate and Gymnastics
Adult softball leagues on going
Community health and safety classes



FALL

Post season adult aquatics- includes lap swim
Special Olympics - Yavapai area swim meet
The Sedona Pumpkin Splash event
Youth Karate and Gymnastics
Men's adult flag football league
Football official training



WINTER

Adult co-ed volleyball open gym & league
Men's flag football league on going
Youth Karate and Gymnastic
Community health and safety classes
Nutcracker
Volleyball official training

Spring programs recreation & aquatics



City League Adult Softball – 4th season- play begins May 2

Men's league: Tues & Thurs nights
Co-ed league: Monday nights (new league)
Leisure league: Wednesday nights
(was the Over the Hill league)

Games are from 7:00 to 8:15 pm and 8:30 to 9:45 pm at the Posse Ground park.



Each league runs for 8 to 10 weeks depending on the number of teams that register. Leagues must have a minimum of 4 teams register to play. Teams must have 12 players on their rosters.

The league format for the Men's competitive league includes two rounds of play with results seeding a double elimination tournament. Final standings and awards will be determined by tournament results. First and second place sponsors receive trophies, players receive softball champion t-shirts.

Registration dates:
March 1 through April 19, 2002
Late registrations will not be accepted.
Registration Fees:
Team fee: \$300.00 per team
Player fees: Men's \$40.00 per player
Co-ed and Leisure \$30.00 per player
Players insurance not included.

RECITALS AT SUNSET – May & December

This is a unique recreation program designed to assist local music and dance instructors with a recital venue for their youth students.

The program allows performing students a venue to play or dance. It also allows instructors a way to facilitate the recital experience for their students and provides parents and family members a very special memory.



Past years performances include youth orchestra performances with Sedona Strings violin and cello students, Danse Sedona student productions of Peter and the Wolf and the Nutcracker ballet, and a soloist harp performance by Sedona youth, Desiree Davis.

Please look for enclosed flyer for this years youth recitals.

Pre-Season Aquatics -

Pre-season programs begin the first Monday in May, warm weather providing. Programs are available M-W-F. Please call the recreation office for details.

Water Aerobics	9:00 am - 10:00 am
Adult Lap Swim	11:30am - 1:00 pm
Swim Team first practice	4:00 pm - 4:45 pm
Swim Team second practice	4:45 pm - 6:00 pm
Masters - Monday night only	6:00 pm - 7:00 pm

Pre-season fees:

Swim Team -	\$20.00 per month
Water Aerobics-	\$ 5.00 per visit
Adult Lap Swim -	\$ 5.00 per visit

Lifeguard Training - American Red Cross Lifesaving class will be held on weekend dates of April 7, 13, 14, 20.

AED and Oxygen Administration training - April 21

Pre-registration is required. Class space is limited. Age requirement: 15 or older.

Registration deadline March 22.

Fee: Lifeguarding \$100.00., AED \$40.00



Water Safety Instructor - American Red Cross W.S.I. class will be held April 27, 28, May 4, 5, 11.

Pre-registration is required.

Class space is limited.

Age requirement: 17 or older.

Registration deadline April 5.

Fee: \$125.00

Weekend SCUBA class – NAUI certification

Class instruction: weekend dates in May.

Open water dive dates are decided once the class forms. For more information see flyer insert or call Summit Divers at 928- 556-8780.



Swim Lesson Sign ups start May 25th

at the Sedona Community swimming pool.

Classes include: Parent tot (mommy, daddy and me) for tots 6 months to 3 years, Pollywogs, Guppies, Minnows, Sharks, and upper level pre-competition classes.

Signs ups start at 10:00 AM and are first come, first served. No early registration available. Registrations are taken at the pool only.

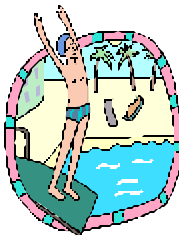


Summer programs recreation & aquatics



Recreation Swim -

Recreation swimming for all ages. Have family fun all day and stay cool. Relax in a lounge chair. Lay back and take in the beautiful red rock views surrounding the pool.



Lap Swim -

Fitness oriented lap swim will keep you in shape this summer. Keep track of the miles you swim on our Sedona Lap Track.

Water Aerobics - Increase your flexibility and muscle strength, enjoy breathtaking scenery, and a great social climate while participating in this aquatics class. Emphasizing movement in water with a temperature between 82 and 84 degrees is sure to put a bounce in your step this summer.



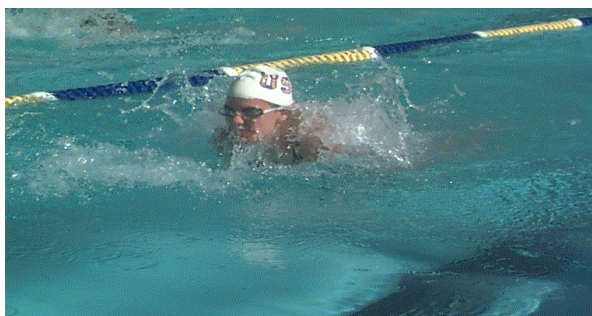
Sedona Swim Team Practice -

Great for all kids with "swimming fever". Compete against your own time or others. Travel to USS and Arizona Swim Meets and compete meets right here at home. Test your endurance by swimming the swim team fund raiser, "THE SEDONA MILE".



Masters Swimming -

Improve your stroke techniques and efficiency in the water.



Masters swimmers are improving every pull and every kick with every length they swim. You can too! Fee: Regular Admission + \$5.00 coaching fee to be paid to the coach.

Scuba Lessons -

Learn to dive. Take part in a NAUI basic scuba class. Classes form in May and one in late September. Call now to get your name on the waiting list or call Summit Divers (928) 556 - 8780.

Schedules will be determined by participants and pool time available. Must be 12 years of age.

SCUBA Rangers - for kids 8 to 12

Wow! Kids can gear up and learn to dive too! This class prepares kids to be ready to certify and dive with mom and dad. We don't want to leave anyone out when it comes to family adventure. Sessions will be announced in the spring. For more information or to get on the waiting list call 282-7098 or Summit Divers. Look for our flyer insert.



Swim Lesson Kids of all ages can learn to swim.

Have fun in public classes or sign up for private instruction. Learn to swim the American Red Cross way....the safe way! Certified Water Safety Instructors will hold classes for beginning, intermediate, and pre-competition. Morning classes available all summer. Evening classes available until monsoon season.

Sign - ups are on a first-come first serve basis. Payment required to reserve class space. Sign-ups for each session begin one week prior to the session you are registering for. Sorry, no refunds or transfers are available after you have reserved your space. First session sign ups start at 10:00 AM. All other sessions sign ups start at 11:30 am.

2002 Learn To Swim Session dates are:

Sign-ups start	Session dates	
May 25	Session #1	June 3-13
June 8	Session #2	June 17-27
June 22	Session #3	July 1-11
July 6	Session #4	July 15-25
July 20	Session #5	July 29 - Aug 8

Classes are ½ hour M,T,W, TH. Sessions are two weeks. The pool is an outdoor pool and classes are not made up for cancellations due to bad weather.

Schedule is subject to change due to special events and demand. Check the information board at the pool or call 282-0112 for any schedule changes.

Events: City of Sedona, Community days:

May 26, Saturday-free to public-
Swim Lesson session #1 sign ups – 10 to noon
Free adult lap swim – 11:30 to 1 pm
Free community water safety event 1pm - 2:30
Free recreation swim from 2:30-4:00
4th of July - Dinosaur egg hunt & watermelon feed (fee)
Aug. 10 - Splish Splash and Fun Daze! (fee)
Sedona Swim Team - Sedona Mile & swim meets-TBA
August 24- Special Olympics - Yavapai Area Swim Meet
October 10- Halloween Pumpkin splash (fee)
Sedona swim team meet dates: to be announced.

Let's all do our part to prevent drowning in our community –

- ✓ Our part –we provide swim lesson education and have trained staff on duty at all times.
- ✓ Your part – supervise your child around water **at all times** and **learn CPR.**



Swim Sedona - summer schedule & fees



SEDONA COMMUNITY POOL - OPENS May 25, 2002

(PRE - SEASON SWIMNASTICS AND ADULT LAP AVAILABLE, CALL 282-7098 FOR MORE INFORMATION)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6 AM		ADULT LAP		ADULT LAP		Prevent drowning in our community! Enroll you kids in swim lessons and never take your eyes off them when they are in the water.	
7 AM -9AM	SEDONA SWIM TEAM PRACTICE (SST) SEDONA SWORDFISH 1997 & 2000 & 2001VALLEY CHAMPS FIRST PRACTICE STARTS AT 7:00 - SECOND PRACTICE STARTS AT 7:45						
9 AM	WATER AEROBICS	Rental	WATER AEROBICS	Staff training	WATER AEROBICS		
10 AM	AMERICAN RED CROSS LEARN TO SWIM PROGRAM CLASSES Great rates ! Great instructors!						
11:30 AM - 1 PM	ADULT LAP Parent Tot M,T,W,TH: 11:30 am - 12:00 pm						
1 PM - 4 PM	RECREATION SWIM A lap lane is available during all recreation swim hours except for special event days						
4 PM -5 PM		Special Olympic athlete training		Special Olympic athlete training		4 PM - 5 PM Staff - In Service Training	
5 PM -6 PM	T-TH, Deep end water aerobics, see flyer insert ADULT LAP SWIM - T, W, TH, F (no adult lap swim avail. M nights) AMERICAN RED CROSS LEARN TO SWIM PROGRAM, M - F thru mid July						
6 PM -7 PM	MASTERS SWIM CLUB - MONDAY NIGHTS ADULT LAP - T, W,TH, F					PLEASE USE TYPE II COAST GUARD APPROVED LIFE JACKETS ONLY	
7 PM - 8 PM	closed	Staff - In Service Training	MAINTENANCE	Staff - In Service Training	MAINTENANCE		

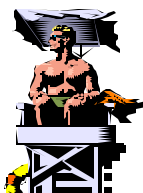
Youth Employment Program

POOL FEES

All passes are available beginning May 15.

Are you looking for a job?

The Parks and Recreation Division wants you!



This spring, summer and fall we will offer employment opportunities to youth ages 15 and older. Job opportunities will be available for our aquatics, softball, Volleyball and flag football programs.

If you are interested please contact our Parks and Recreation administration for more information or watch for our job announcements in the newspapers.

- Swim Lessons- \$27.50 for EIGHT ½ hour lessons
- Private Swim Lessons- \$22.00 for ½ hour per individual
- Masters – regular admission plus \$5.00 coaching fee

Summer season fees & passes:

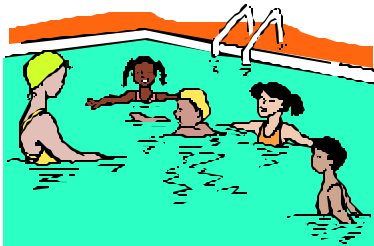
	Drop-in	Monthly	Season	10 visit punch
Youth/Senior	\$1.50	\$30.00	\$55.00	\$15.00
Adult	\$2.50	\$40.00	\$80.00	\$25.00
Family	\$6.00	\$75.00	\$115.00	\$60.00
Swim Team	N/A	\$20.00	\$35.00	practice only
Swimnastics	\$3.50	\$65.00	\$115.00	\$35.00
“ Senior	\$2.50	\$55.00	\$100.00	\$25.00
Water Aerobics	\$3.50	\$65.00	\$115.00	\$35.00
Non-resident	+ .50	per person		
Scuba and scuba rangers: see flyer for details				

Youth is 17 years & younger - Senior is 55 years & older
Family Passes are for **immediate** family members
Punch Passes are equivalent to cash.
You must present your pass each visit.

Summer programs - Learn to swim



The Sedona Community Pool is a **safety-first** aquatics facility. Non-swimmer classes have passing criteria based on American Red Cross national standards. Our instructors use this criteria to pass students from one skill level class into higher-level classes. If you have any questions regarding passing criteria, please feel free to talk to management.



Parent/tot - water adjustment & safety for infants 6 mo. to 3 years old. Parent/guardian participates in learning the safe way to introduce infants to the water.

Level I - (Water exploration) Age 3 and up.

Pollywog - getting familiar with water, introduction to safety, water skills, and buoyancy. Class held on steps. *We respectfully request that Mom's and Dad's sit out of view of your child to allow instructors optimum attention from students.*

Passing safety criteria: Comfortable with face in water by the end of the first week of class.

Guppy - underwater exploration, bunny hops, supported front and back glides, kicking, reaching assists, PFDs. Class held on steps.

Passing safety criteria: Comfortable with opening eyes under water, picking up items underwater. Comfortable with supported back float.

Level II - (Primary skills)

Minnow - fully submerge, monkey walk, front float and glide, combined stroke, assist non-swimmers, games. Class held on steps.

Passing safety criteria: Comfortable with back and front floats for 5 seconds unsupported and with front glide to 10 ft by the end of the first week of class.

Shark - Retrieve objects, back floats and glides, flutter kicks, combined stroke, PFDs, games. Class held in lane one or end widths of pool.

Passing safety criteria: Ability to swim across the width of the pool without assistance by the end of the first week of class.

Level III - (Stroke readiness)

Diving, gliding, combined, elementary kick, safe diving, open airways, games.

Class held in deep end and lanes

Pre-comp IV - V - VI

Level IV - (Stroke development)

Rotary breathing, diving, breaststroke, front and back crawl, tread water, rescue breathing. Fins, boards and racing.

Class held in deep end and lanes.

Level V - (Stroke refinement)

Alternative breathing, stand dive, underwater swim, dolphin kick, sidestroke.

Class held in deep end and lanes.

Level VI - (Stroke proficiency)

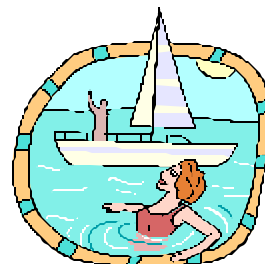
Long shallow dives, work on all strokes, approach strokes, turns, surface dives.

Class held in deep end and lanes.

Learn to Swim Class

Schedule:

The following schedule is a **sample** only. Registrations are not taken over the phone. You must register in person. *If you are not sure of you child's swimming level, please bring him/her to the pool in their swimsuit when registering. We will be happy to have one of our expert instructors test their skills.



Evening classes will only be offered during sessions 1 & 2 due to lightening during monsoon season.

Sample Only

	10am	10:30	11am	11:30	5pm	5:30
Parent tot				x		
Pollywog	X	X			x	x
Guppy		X		x		x
Minnow	x		x		x	
Shark	x	x		x		x
Level III			x		x	
Pre-comp			x			

NEW!!

Scuba Rangers

Scuba diving prep class for students
8 to 12 years old.

To get on the waiting list call
282-7098, or Summit Divers
556-8780. Look for our flyer insert.
More information will be announced
in the spring.



Spring programs recreation & aquatics



COOL! BE A JR. LIFEGUARD

The **Sedona Community Pool Jr.**

Lifeguard program begins June 10h on deck at 1:00 pm. The is a unique program that focuses on training young participants ages 11 - 14 in various aspects involved in safety, aquatics and employment. The program runs for 6 weeks or more depending on individual interests. Anyone meeting the age criteria is eligible for this program.



Two part program -

Stage 1- Participants complete the American Red Cross Community Water Safety or Guard Start program and an introduction to first aid and CPR the first three weeks of the program. **Stage 2-** The final three weeks of the program participants have hands on experience with on deck duties, office duties such as using the cash register and making correct change, customer service, and cleaning and maintenance duties.

Community Service too!

To accomplish stage 2, Jr. guards sign up to volunteer to help the senior guards. Jr. guards schedule shift hours and are assigned to a senior guard team. Jr. guards take part in the volunteer staff orientation, and are eligible to report to volunteer duty.

As volunteers, Jr. guards are required to learn how to report to the pool on time and call if they will be delayed. They are required to be dressed in uniform and be ready to begin their shift when they are scheduled.

Their shifts are two hours each and they can sign up for one shift a week. The first week they go on rotation with a senior guard and simulate active pool surveillance.

After they rotate off deck they attend training for customer service, cash handling, maintenance, pool chemical understanding, etc. They repeat this once a week and learn something new every shift.

Other specialty areas that Jr. Guards can elect to learn about are: filtration and heating equipment, instruction - aiding in the Learn To Swim Program.

Sedona Community Pool Summer Safety Tip

Keep your eyes on your child at all times when they are in the water. Two seconds of distraction can be deadly.



GYMNASTICS

The Sedona Gymnastics Center has been servicing Sedona residents for over 10 years. The Sedona Gymnastics Center is currently located at 40 Finley Road in Sedona. Year round instruction is available and for special summer programming and more information call Coach Tom Cadigan at **282-5525.**



Put a bounce into your life!

KARATE

Join after school karate for kids. The Maximum Martial Arts instructors are experts at motivation and personal development in children.

Best of all your kids will love it. For more information see flyer insert.
Or call 928-526-9144



EMPLOYMENT: SEASONAL/ PART TIME

The recreation department is currently looking for individuals that would like to help the community by getting involved with our recreation programs. Wages for each position depend on qualifications.

Softball League Supervisor – great evening work hours overseeing game play and league organization. Must be able to work entire season. Mid March through the end of July.

Softball or football League scorekeepers - great first time job in a fun atmosphere. Evening hours in softball season, Sunday's in flag football season. Must be available to work entire season.

Lifeguard and Water Safety Instructors - Current American Red Cross certifications required. Season runs end of May through August 19. Must be available to work entire season. See page 2 for certification classes.

Contract officials for Softball, Volleyball and Flag Football leagues. Contact office for contract details.

Softball Officiating Clinic.

Have you always wanted to be an umpire for softball? We will be offering an officiating clinic on April 7th. Brandon DenHartog the NAU intramural sports coordinator will be coming down to Sedona to teach this class. For more information call 282-7098

City program policies and procedures

Code of Conduct

All participants should recognize that the City is dedicated to the benefit, safety and welfare of all participants. To maintain a consistent, cooperative and wholesome environment, we ask that all participants and spectators at our programs:

- ❖ Refrain from the use of foul language, abusive actions or inappropriate behavior.
- ❖ Recognize that sportsmanlike conduct, fair play and a cooperative attitude govern behavior at all times.
- ❖ Appropriate attire is required at all times.
- ❖ Safety is every participants responsibility.

Failure to observe this code may result in suspension or termination of attendance privileges. Thank you for not smoking, drinking alcoholic beverages or using illegal drugs at our programs or in our facilities.

Program & age guidelines

Recreation Swim: children 5 and under must be supervised by an adult. Those 6 and older may attend if they are able to swim the width of the pool. Lifeguards will request that your child test their swimming skills and will have final approval. Parents of non-swimmers must be **in the water** within an arms reach of their child.

Swim classes: Parents with children from the ages 6 months to 3 years may register for Parent tot class. Children 3 years and older may register for the Lean to Swim program.

Parents that have enrolled their child in the learn to swim program must sit in the designated viewing area at the south end of the pool.

Adult sport leagues: young adults ages 16 to 18 may participate in leagues only if they have completed appropriate parental release forms.

The City of Sedona is not responsible for lost or stolen articles while using our facilities or programs.

City programs are for everyone

The City of Sedona serves all people regardless of age, gender, race, color, national origin, religion, ethnicity, or disability.

Our mission is to serve the community by providing opportunities for youth, adult, seniors, and challenged individuals to improve their quality of life through participation in recreation and aquatic programs which will reduce stress and provide for socialization and mental and physical well being.



Together we can make a difference.

A community that recreates together can develop the expression of community spirit.

REGISTRATION POLICY

1. Registration is accepted first come, first served
2. Persons or teams are registered only when fees are paid in full by the registration deadline date. Late registrations are not accepted.
3. Registration fees will not be refunded unless entire programs are canceled by the Recreation Office. Each registration holds class space and therefore makes that space unavailable to sell.
4. Registration implies that the participant agrees to abide by the rules and regulations of the program. It is understood that the failure to do so may result in the participant's expulsion.
5. Pool program registrations will be accepted at the pool location only.
6. If desired class is filled, names will be placed on an interest list. Additional classes will be formed upon demand if the appropriate program requirements can be obtained.
7. Inclement weather: The Sedona Community Swimming Pool and Tennis Courts are outdoor facilities and therefore, instruction may be interrupted or canceled due to inclement weather. As a safety procedure, classes may be canceled if lightning is seen or thunder is heard in the area. Classes will not be made up if canceled due to inclement weather.

RELEASE FROM LIABILITY AGREEMENT – all participants must sign a registration form prior to the first day of program participation that indicates the following:

In consideration of the right to participate in this activity, I release any and all claims for damages and losses suffered by me or my minor child as a result of said participation against the City of Sedona and any officers or agents thereof. I further understand that there are certain risks inherent in this activity and that proper training and physical conditioning are necessary. I hereby agree to assure those risks on my behalf or on behalf of my minor child and to hold harmless the City and its agents. I have read and understand the above.

Fall & Winter programs recreation & aquatics



ADULT LEAGUES –MEN'S FLAG FOOTBALL, CO-ED VOLLEYBALL & OPEN GYM, MEN'S LEISURE & CO-ED SOFTBALL LEAGUES

CITY LEAGUE CALENDAR

SEPT.	OCT.	NOV.	DEC.	JAN.	FEB.	MAR.	APR.	MAY	JUN.	JULY
FLAG FOOTBALL	FLAG FOOTBALL	FLAG FOOTBALL	HAPPY HOLIDAY	VOLLEY BALL	VOLLEY BALL	VOLLEY BALL	FIELDS CLOSED	SOFT BALL	SOFT BALL	SOFT BALL

Adult Flag Football

The 2002 season League play will begin in September and run through mid November. The *Rumble in the Red Rocks* tournament will be scheduled pending the availability of officials and team registrations. Games are played on Sunday's between 10:00 am and 2:00 pm at Posse Grounds Park.



Registration dates:

Aug 1 – Sept 3, 2002

Late registrations will not be accepted.

Registration Fees:

Team fee: \$265.00 +Player fee: \$30.00

League season game format is two rounds of play with a double elimination play off seeded by round results.

Special tourneys not included in fees.

VOLLEYBALL OPEN GYM &Co-ed League

City league adult volleyball season begins January 8th with a month of open gym. Volleyball gym nights are Tuesday and Thursday from 7:00 pm to 9:30 pm. League runs for 8 weeks beginning Feb 5. The gym is at the West Sedona School campus.

Registration dates:

Dec 15 - Jan 31, 2002

Late registrations will not be accepted.

Registration Fees:

Team fee: \$245.00 + player fee: \$20.00

League season game format is two rounds of play with a single elimination play off seeded by round results.

Special tourneys not included in fees.



Softball Leagues – see the spring programs section for information on Men's competitive, Co-ed and Leisure leagues.



CITY LEAGUES BELONG TO YOU - League teams recruit and form teams throughout the year and for volleyball during open gym. Teams may be sponsored by corporations or may have each player pay a share of the league team fee.

THE RECREATION OFFICE - facilitates operational aspects of league play including: advertising, facility coordination, administration, building and equipment maintenance, staffing and public relations. Staffing includes, officials and referees, gym/field & scorekeeper.

LEAGUE FEES: Fees for all leagues are comprised of two charges, the team fee and the player fee. The fees are based on the actual direct cost to run the league on site and provide one league t-shirt to the minimum number of players required for each roster.

The following is a detail of what your fees pay for and what indirect costs the city pays for:

Registration fees pay for direct league costs such as officials, score keepers, balls, facility rental, trophies and league t-shirt, facility lights and/or field rental fees depending on sport.

Indirect costs paid for by the city include daily administration staff required to budget and maintain the league, coordination of staff and officials required to set up the league, facility, supplies & equipment, stats and media reporting staff cost, facility maintenance and preparation, and advertising.

**Community recreation
promotes ethnic and cultural
harmony**

A minimum of 4 teams registered is required to run any city league or division.

Fall & Winter programs recreation & aquatics

Aquatics - Post Season

Post season programs run from August 16 to October 31 weather permitting. Programs are available M - W- F. Call the pool for details at 282-0112.



Water Aerobics	9 - 10:00 am
Special Olympic athlete training	10:30 - 11:30 pm
Adult Lap Swim	11:30 - 1:00 pm
Swim Team CLUB practice	3:30 - 4:30 pm
High School Swim Team practice	4:30 - 6:00 pm
Masters Monday nights	6 - 7:00 pm

post season fees	Drop-in	Season
Swim Team	NA	\$20.00 per month
Water Aerobics	*\$5.00	T.B.A. Ends Sept. 27
Adult Lap Swim	*\$5.00	T.B.A.

Summer punch pass day fee may be applied toward post-season entrance fee.

Event - Special Olympics 2002



The Yavapai Area Special Olympics Aquatics competition is hosted by the City of Sedona, Parks and Recreation at the **Sedona Community Pool on August 24, 2002**. Local athletes train for three months leading up to the competition and athletes from Sedona, the greater Verde Valley area, Prescott, and Bradshaw Mountain compete at the area meet.

Our Yavapai athletes go on to the State Special Olympics hosted by Scottsdale Parks and Recreation at the Chaparral aquatics center.

If you would like to volunteer to help with this very special event, call the Recreation Office or visit us at the pool during the summer.

Event – Pumpkin Splash!

This Halloween season our Pumpkin Patch will, once again, make a huge splash! Yes! Pumpkins Float!

If you missed this annual event last year, you won't want to miss out this year. We will have 100 pumpkins floating in the pool just right for the pickin. On Thurs. **October 10th**, from 2:30 to 3:00 we will have a special time set aside for non-swimmers to come in and pick their pumpkin at the shallow end of the pool. (Life jackets provided) Parents: Don't forget your camera!!!! At 3:15 we will allow swimmers to swim amongst the floating pumpkin patch and select the perfect pumpkin.

Get your first holiday pumpkin and have an unforgettable time..... at the only Sedona Halloween Pumpkin Splash!



Admission is \$2.00 and don't forget your swimsuit!
Summer Pool passes are not valid.
This is a first come, first served event.

Karate

Join after school karate for kids. The Maximum Martial Arts instructors are experts at motivation and personal development in children. Best of all your kids will love it. For more information see flyer insert. Or call 928-526-9144



GYMNASTICS

Gymnastics for kids of all ages

The Sedona Gymnastics Center has been servicing Sedona residents for over 10 years. The Sedona Gymnastics Center is currently located at 40 Finley Road in Sedona. Year round instruction is available and for special summer programming and more information call Coach Tom Cadigan at **282-5525**.

Put a bounce into your life!

Sports Connections



Little League is Baseball Fever!

The Sedona Little League organizes the Sedona's summer baseball programs. The organization sets policy and raises the funds for the following summer programs:

<u>Program</u>	<u>Age group</u>	<u>*# of teams</u>
T-Ball	6 to 8	5 teams
Farm League	7 to 9	(New)
Little League	8 to 12	7 minor 4 major
Babe Ruth	13 to 18	1 - 13 year old 2 - 14/15 year old 1 - 16/18 team
<u>Softball</u>		
Jr. Girls	8 to 11	slow pitch - 4 teams
Sr. Girls	14 and under	fast pitch - 4 teams
For Adult Softball see page 2 of this publication		

Dance

The Danse Sedona studio offers lessons for many dance styles. The studio has two wood floor dance rooms and is located just across from the gymnastics center on Finley Road. Year round instruction is available. For more information call Candie Quillian at 282-4401.



See page two for a Danse Sedona performance

A community that recreates together can develop the expression of Community spirit.

Gymnastics

Gymnastics for kids of all ages

The Sedona Gymnastics Center has been servicing Sedona residents for over 10 years. The Sedona Gymnastics Center is currently located at 40 Finley Road in Sedona. Year round instruction is available and for special summer programming and more information call Coach



Tom Cadigan at **282-5525**.

Put a bounce into your life!



HOME OF THE SWORDFISH SEDONA SWIM TEAM

**FUN!
FITNESS!
FRIENDS**



Sedona Swim Team has been representing our community at Arizona meets since the early 1980s. The team began to pick up speed and by 1994 over 80 youth swimmers began attending daily summer practice and over 25 Swordfish now swim year round.

In 1995 the team became affiliated with United States Swimming, Inc. USS allows swimmers who have the ability to swim at State and hopefully go on to Jr. Olympics and in 1997 the Swordfish took the Verde Valley Championship Title, and they have been reigning champions since



2000.

First practice is for first year swimmers ages 5 and up. The focus is on helping children refine swimming abilities and introduce them to competitive swimming. Second practice is for advanced swimmers. The focus is on stroke technique, improvement, and competition.

Being a *SWORDFISH* is a super *COOL* way to spend your summer. In fact, it's so much fun kids want to swim right straight through the winter.

For information on how *YOU* can become a Sedona Swordfish, call the Recreation Office pre-season at 282-7098 or the pool during summer season at 282-0112 and *GET IN THE POOL!*



Karate

Join after school karate for kids. The Maximum Martial Arts instructors are experts at motivation and personal development in children. Best of all your kids will love it. For more information see flyer insert. Or call 928-526-9144



Sports connections

Sedona Youth Football

Sedona Youth Football was founded in 1991 and is a member of the Central Arizona Youth Football Association. Communities also playing in the league are Cottonwood, Payson, Spring Valley, Bagdad, and Prescott.

Our goal is to instruct and coach the basics of football to children from the ages of 8 to 13 years old. Emphasis is on sportsmanship, blocking, tackling, and running plays. Kids play at least 7 plays per game. The focus is on developing well-rounded players - not A superstars. This is a learning program to prepare the players for high school football and other athletics.

Sedona Teams

Sedona Rebels -	major division Ages 8-12 up to 115 lbs.
Sedona Mustangs -	senior division Ages 10-14 up to 150 lbs.

Practice begins on August 1, of each year. The season starts the first Saturday after Labor Day.

The teams play six regular season games and two playoff and championship games. Practice is held after school. Home games are played at the Sedona Red Rock High School football field. Season championships are typically on the final Saturday of October.



Sedona Youth Football, Inc. is a non-profit profit corporation. Our coaches are volunteers dedicated to the sport of football.

*Meaningful leisure activity is an
essential source of self-esteem
and
Positive self-image.*



AYSO Soccer

American Youth Soccer Organization

**NUMBER ONE RULE: TO HAVE FUN
FOR THE KIDS AND EVERYONE
ELSE INVOLVED!**

All kids from 4 to 18 years of age are eligible to play AYSO. No previous soccer experience is necessary. There are no tryouts for the teams and players are guaranteed to play at least half of each game. AYSO'S philosophy encourages good sportsmanship, recreation, everyone plays, open registration (no tryouts), positive coaching, and balanced teams.



AYSO'S balanced team concept makes it possible for players to meet new friends. Every season wonderful and lasting friendships are made among players, parents, coaches, referees, and volunteers. Being a part of AYSO is fun, rewarding, and a growing experience for everyone.

Meet friends and have fun!

The season runs from the Saturday after Labor Day through to the Saturday before Thanksgiving. Half of the season games are home and half are away. Registration takes place before the School District's year-end.

Become a coach or referee!

AYSO coaching and officiating is a tremendously rewarding experience. If you would like to coach or referee, but know nothing about soccer or coaching kids, don't despair. AYSO has excellent local clinics available for all levels of coaching and refereeing. Please call the recreation office for more information.

**When we say Soccer,
We mean Fun!**

Please call the Parks and Recreation Office at 282-7098, for more information on this or any of our other programs.

Community Recreation Schedule



WISH LIST

- * 4 picnic tables w/ benches for pool \$600.00 ea
- * Trophy case for pool entry \$600.00
- * Submersible CPR manikin for training \$450.00
- * Indoor recreation facility - for year round programming

Wood court floor for league sports, community concerts & plays

Education room for community use and community health and safety classes

Multi-purpose room with mirrored wall for dance/ballet/martial arts, etc.

Indoor swimming pool for year round fitness swimming, competition, hydro-therapy and just plain fun

Exercise room with exercise equipment & weights for cardiovascular fitness and training



THANK YOU

The Recreation staff would like to extend a very special thank you to several of the organizations and businesses that continue to help and stand ready to help fulfill the recreation and safety needs of our community!

Sedona Gold

Sunterra

Wild Toucan Restaurant

Boys and Girls Club

The Wood Joint

Tiffany Construction

Behmer Roofing

Oaxaca Restaurant

Red Rock Balloons

P.J.'s Pub

Keisers Restaurant

Javelina Cantina

Loparco's

Rainbow Trout Farm

Joey Bistro

On The Rocks Bar and Grill

Southwest Highland Realty

Sedona Real Inn

Midday Rotary

Los Abrigados

Wheel House

Javelina Cantina

RECREATION & AQUATIC 2002 DATES YOU WON'T WANT TO MISS

SPRING

- *Girl Power conference Mar 9
- *Lifeguard class registration Feb 22 thru Mar 22
- *Adult softball registration Mar 1 thru Apr 19
- *St. Patrick's Day Parade TBA
- *Kiwanis Easter Egg Hunt TBA
- *Softball games begin May 2
- *Little League sign ups Late Feb/early Mar

SUMMER

- * Recitals at Sunset May 18
(Dance Sedona Students)
- *Community Water Safety Day May 25
FREE at the pool - opening day
- *Fourth of July - Dino Egg Hunt July 4
at the pool
- *Splish, Splash & Fun Daze! Aug 2
at the pool

FALL

- *Flag football registration Aug 1
- Yavapai Area Special Olympics Aug 24
- Aquatics meet
- *Flag football games begin Sept 15
- *Pumpkin Splash at the pool Oct 10
- *State Special Olympics - Aquatics Oct 12

WINTER

- *The Nutcracker (Recitals at Sunset) Dec 21, 22
- *Open gym volleyball Jan 8
- *Volleyball league registration Jan 8
- *Volleyball league games begin Feb 7

More Thanks ... We couldn't do it without you!!!

American Red Cross
Northern Arizona University
Special Olympics organization
West Sedona School staff



CITY OF SEDONA PARTICIPANT SURVEY



It has been our pleasure serving you through our Recreation Division. We would appreciate a few minutes of your time to complete this questionnaire.

I was involved in the _____ program.

I was involved as a _____. (Participant, coach, parent, etc.)

1. How did you hear about this program?

_____ Newspaper _____ Radio/TV _____ Previously Involved _____ Schools
_____ Brochure/flyer _____ Friends _____ Internet web page _____ Other

2. Did you feel the registration fee was a reasonable amount? Yes _____ No _____

3. Please rate the various aspects of the program you participated in:

	Excellent	Good	Fair	Poor
Registration				
Communication with Recreation Office				
Knowledgeable Program Location Staff				
Suitable Program Facility				
Schedules (sports)				
Time of Activity				
Organization of Activity/Program				
Knowledgeable Instructor/staff				
Felt Safe in Program/Facility				
Other				

Comments on any of the above:

4. How did you benefit from the program?

_____ Social Interaction _____ Enjoyment _____ Competitiveness
_____ Relaxation _____ Sense of Adventure _____ Learned to be Healthier
_____ Improved Physical Skills _____ Sense of Accomplishment _____ Learned Life Skill
_____ Learned Leadership Skills _____ Increased Self Awareness _____ Other

5. How would you improve or expand the program you have attended?

6. What recreation activity or facility would you like to see the City of Sedona have that we don't presently have or offer? - please include facility specific or sport specific facility needs.

Please return to program attendant or to Parks & Recreation Division, 102 Roadrunner Dr., Sedona, AZ 86336

Sedona indoor recreation center



What is the Garland Activity Complex?

The complex consists of three parts:

- Teen Center/Skateboard Park – This is currently under construction and is being paid for entirely by private donation.
- Stage/picnic area
- Indoor Recreation Center – **This is the issue before the voters March 12, 2002.**

How Did the City Get Here?

In 1991, after two years of public involvement, the Community Plan was adopted. The plan identified the need for some type of in-door recreation facility.

In 1994, after many public meetings held at both the Park and Recreation Commission and City Council level, a Posse Ground Master Plan was developed and adopted. This plan indicated a possible site for an in-door facility. Both the Community Plan and Posse Ground Master Plans went through amendment processes in 1998 and 1999, respectively. This allowed for more public comment and a review of priorities. The in-door facility still remained as a citizen identified need. Three surveys, focus groups and public meetings further involved the citizens of Sedona in the process for this facility.

In 1998, with the help of an Arizona State Park grant, the City purchased the last piece of land at the Posse Ground Community Park so that this facility might have a home.

In the 1999 Sedona-wide survey, citizens were asked to share their views on the specific types of amenities they would like to see in a possible recreation center. At that time an additional survey was facilitated and responded to by over 500 teenagers to make sure their views and needs were also considered.

In 2000, the City received a grant from the Greater Arizona Development Authority (GADA) for \$35,000 toward a feasibility study. This study showed that this type of facility would be utilized by the community and that it was an economically viable project.

In 2001, GADA provided another grant for \$70,000 toward development of the conceptual design.

What will the proposed facility include?

This would be an all-year round facility. The components identified by the citizens are:

Aquatic Zone – two bodies of water – leisure/therapy pool with large slide and competitive pool with spectator viewing area.

Fitness Zone – free weight area, cardiovascular fitness equipment, gymnasium, walking/running track, dance/aerobic room.

General Zone – multi-purpose rooms, on-site daycare, lobby and entrance, concessions, storage, administration offices and maintenance areas.

The amenities will be designed to meet the needs of people of all ages from infants to seniors.

What financial mechanism will be used to pay for the facility?

Financing the construction of this facility will require a multi-faceted approach.

- Use proceeds from sale of 8.65 acres of City owned land on Soldier Pass Road. The voters in May 1996 approved the sale of this land at public auction. The deed upon sale was to restrict the parcel to single family residential use for seventy-five years.
- Use of Impact Fee Revenue – These are fees placed upon developers to offset the impact their project has on the total community.
- Use of Community Facility District Fee Revenue – These are fees paid in lieu of sales tax by several time-share developments.
- Application of Grants and Private Donations.
- Use of Capital and Construction Reserve dollars.
- Loan/Bond financing in the amount of not to exceed \$4.9 million.

What is the current debt per capita and how much will it rise if we borrow for this facility?

The City's current debt per capita is \$6,796. However, \$6,060 of the debt per capita is related specifically to the wastewater system. This project would add \$471 to the debt per capita.

To put this in perspective, the debt per capita is similar to a mortgage on a house. If you were to look at the annual debt payment per capita, the debt for this project will cost the City approximately \$34 per person annually. This cost will be funded from existing City revenue sources and not from new taxes or fees.

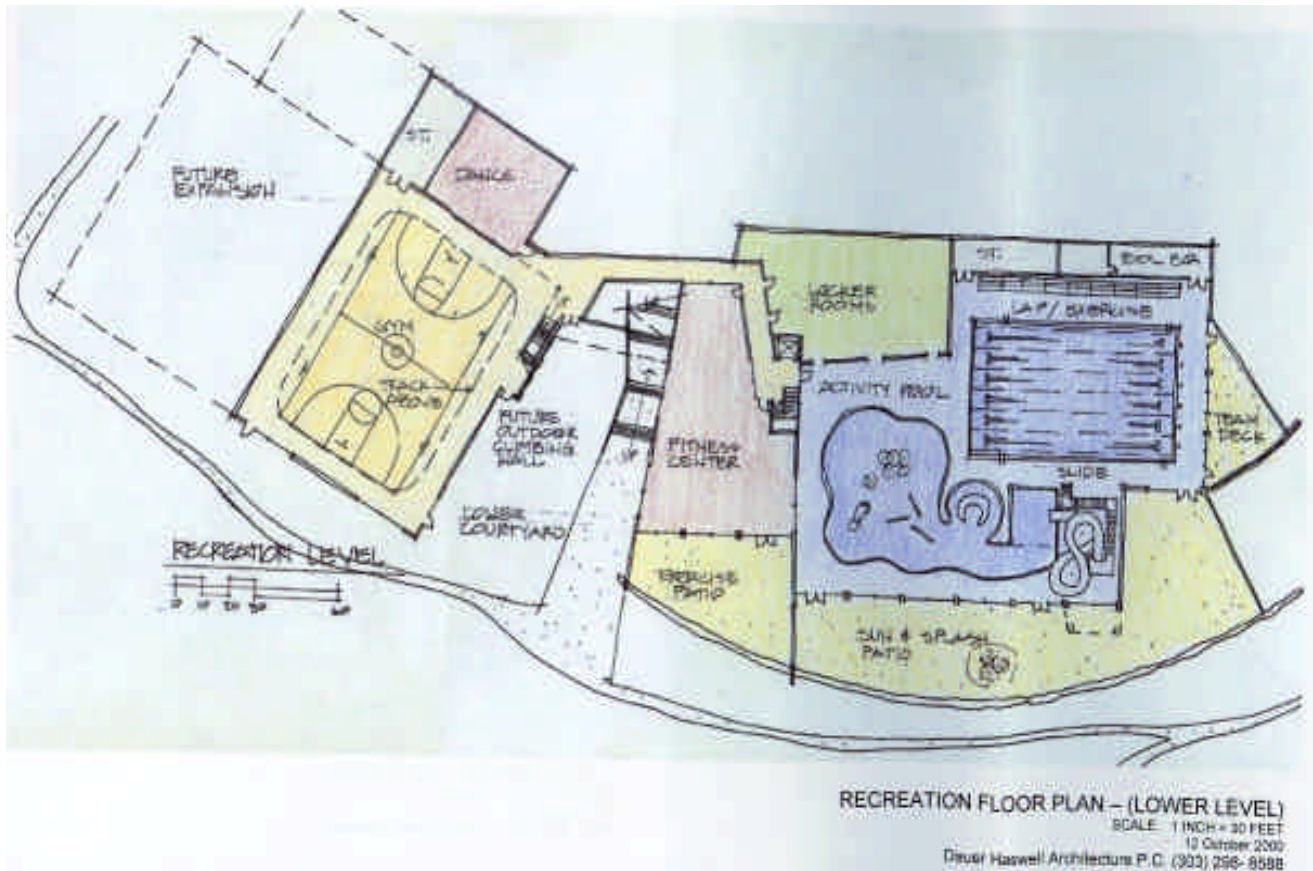
What will the indebtedness be per year if we borrow \$4.9 million dollars for 20 years?

The City is estimating that interest rates for the City would be approximately 5.2% if the economic environment remains similar. Assuming this interest rate, the City would pay approximately \$399,000 per year in debt service payments. However, the City may only borrow \$4.4 million dollars if a contingency is not needed. In this case, the City would pay approximately \$355,000.

Where does the money come from to pay this debt?

The debt service payments for this project would primarily come from Capital Funds. The City receives \$1.7 million in sales tax support specifically for Capital Improvements. By policy 20% of those funds are set aside for improvements to City parks. Based on those policies, the City could pay for this debt from the Capital Funds with the majority of the money coming from funds set aside for improvements to City parks.

Sedona indoor recreation center



The sketch above shows the lower level of the proposed facility. The upper level would house the lobby, daycare area, administration offices and two multi-purpose rooms.

What will be the source of revenue securing the debt?

The debt will be secured by existing local sales tax revenue and state tax revenues that are distributed to the City.

How will this facility be maintained?

The operation and maintenance of this facility is estimated at \$885,000 annually. The projected revenue from membership fees, rentals, vending machines and special events is conservatively projected at 84% of this amount or \$743,400.

The current outdoor pool is owned by the Sedona Oak Creek School District and operated and maintained by the City. The pool budget is \$67,000 and is open to the general public three months out of the year.

Dollars currently used for the operation and maintenance of the current outdoor pool and some of the dollars now spent to run our current recreation programs would be vested in this new facility. This would provide an additional \$58,000 toward the operation costs of the facility.

The projected \$84,000 annual balance necessary to operate the indoor facility would come from the general fund. Based on the City's current population of 10,000+, this would mean that \$8.39 per person per year of sales taxes collected would be used to run this facility.

The proposed annual fees for using this facility are:

- Adults \$250.00
- Youth (under 18) \$150.00
- Senior (60+) \$200.00
- Family (up to 4) \$475.00

In addition to an annual fee structure, the City will also offer daily, multiple day and monthly options.